
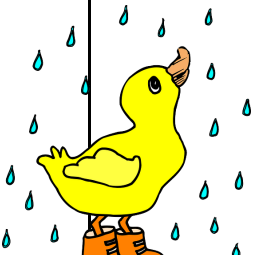


# April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1 April Fools Day</b> 9-3:30 Town Car Transportation 9:30 &amp; 2:30 Chair Exercise, ER 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, Mezz 1:00 Hand and Foot, Mezz 1:00 Rummikub, CR <b>6:45 Prime-Up &amp; Faith "Sue Thomas F.B. Eye", MR</b></p>	<p><b>2 Happy Birthday Cathy McK!</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>10:30 Democracy and it's Alternatives: Are Courts and Constitutions Democratic?, MR</b> <b>11:30 Seated Yoga, MR</b> 1:00 56 Card Game, Mezz 1:00 Texas Hold'em, CR 3:00 Rubye on Piano, Mezz</p>	<p><b>3</b> <b>9:30 Tacoma Museum of Art for Monet Painting Exhibit &amp; Lunch at Old Spaghetti Factory, VO</b> 9:30 &amp; 2:30 Chair Exercise, ExR 1:00 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, CR 1:00 Hand and Foot, Mezz <b>1:30 Dave's Bible Study, MR</b></p>	<p><b>4</b> 9:30 &amp; 2:30 Chair Exercise, ExR 9-4:30 Town Car Transportation <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room 1:00 Mexican Train Dominoes, L 2:00 Wii Bowling, MR 3:00 Rubye on Piano, Mezz <b>6:45 Movie Night with Jerry, "Front of the Class", MR</b></p>	<p><b>5</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 1:30 Scrabble, Library <b>2:00 Karola's Book Club, Conf. Rm</b> <b>3:30 Lecture Series , MR</b> <b>6:45 Prime:" My Big Fat Greek Wedding 3", MR</b></p>	<p><b>6</b> <b>8:30-6:30 Pet Therapy with Tucker</b> 9:30 &amp; 2:30 Chair Exercise, ExR <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room <b>6:45 Movie Musical, "Showboat-Ava Gardner, Howard Keel", MR</b></p>
<p><b>7</b> <b>Fresh Popcorn</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>9:30 Sequim Community Church Blended Service -Stream Live, MR</b> <b>1:30 Catholic Communion, Apartment A106</b> 2:15 Skipbo, Mezz 3:00 Rubye on Piano, Mezzanine <b>6:45 Prime, "His Only Son", MR</b></p>	<p><b>8</b> 9-3:30 Town Car Transportation 9:30 &amp; 2:30 Chair Exercise, ER 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, Mezz 1:00 Hand and Foot, Mezz 1:00 Rummikub, CR <b>6:45 Prime-Up &amp; Faith "Sue Thomas F.B. Eye", MR</b></p>	<p><b>9</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>10:30 Democracy and it's Alternatives: The Controversial Politics of Central Banks, MR</b> <b>Noon "Ice Cream Social"- Hot Fudge Sundaes, ODR</b> <b>11:30 Seated Yoga, MR</b> 1:00 56 Card Game, Mezz 1:00 Texas Hold'em, CR <b>1:00 Sequim Word Weavers, Conf</b> 3:00 Rubye on Piano, Mezz <b>3:00 Marge's Craft Gift . MR</b></p>	<p><b>10</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, CR <b>1:30-3 Bistro Trivia, ODR</b> 1:00 Hand and Foot, Mezz <b>1:30 Dave's Bible Study, CR</b> <b>3:15 Happy Hour @ The Big Elk</b></p>	<p><b>11</b> 9:30 &amp; 2:30 Chair Exercise, ExR 9-4:30 Town Car Transportation <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room 1:00 Mexican Train Dominoes, L 2:00 Wii Bowling, MR <b>2:30 Meet Courtney Thomas "Peaceful Kneads Massage, Mezz</b> 3:00 Rubye on Piano, Mezz <b>6:45 Movie Night with Jerry, "Hidden Figures", MR</b></p>	<p><b>12</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 12:30 Bingo, Media Room 1:30 Scrabble, Library 2:00 Watercolor Class, MR <b>3:30 Lecture Series , MR</b> <b>6:45 Prime: "The Electrical Life of Louis Wain", MR</b></p>	<p><b>13</b> <b>8:30-6:30 Pet Therapy with Tucker</b> 9:30 &amp; 2:30 Chair Exercise, ExR <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room <b>6:45 Movie Musical, "Till The Clouds Roll by-Music of Jerome Kern", MR</b></p>
<p><b>14</b> <b>Fresh Popcorn</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>9:30 Sequim Community Church Blended Service -Stream Live, MR</b> <b>1:30 Catholic Communion, Apartment A106</b> 2:15 Skipbo, Mezz 3:00 Rubye on Piano, Mezzanine <b>6:45 Prime, " A Match for the Prince", MR</b></p>	<p><b>15 Happy Birthday Russ McKI Tax Day</b> 9-3:30 Town Car Transportation 9:30 &amp; 2:30 Chair Exercise, ER 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, Mezz 1:00 Hand and Foot, Mezz 1:00 Rummikub, CR <b>6:45 Prime-Up &amp; Faith "Sue Thomas F.B. Eye", MR</b></p>	<p><b>16</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>10:30 Democracy and it's Alternatives: Who Backs Authoritarians?, MR</b> <b>11:30 Seated Yoga, MR</b> 1:00 56 Card Game, Mezz 1:00 Texas Hold'em, CR 3:00 Rubye on Piano, Mezz <b>Noon Birthday Party with Happy Valley, ODR</b> <b>3:00 Card Making with Christina, MR</b></p>	<p><b>17</b> <b>6:00 Tulip Festival LaConnor &amp; Lunch out, VO</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, CR 1:00 Hand and Foot, Mezz <b>1:30 Dave's Bible Study, CR</b></p>	<p><b>18</b> 9:30 &amp; 2:30 Chair Exercise, ExR 9-4:30 Town Car Transportation <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room 1:00 Mexican Train Dominoes, L 2:00 Wii Bowling, MR 3:00 Rubye on Piano, Mezz <b>6:45 Movie Night with Jerry, "Apollo 13", MR</b></p>	<p><b>19</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 12:30 Bingo, Media Room 1:30 Scrabble, Library 2:00 Watercolor Class, MR <b>3:30 Lecture Series , MR</b> <b>6:45 Prime: "A Million Miles Away", MR</b></p>	<p><b>20</b> <b>8:30-6:30 Pet Therapy with Tucker</b> 9:30 &amp; 2:30 Chair Exercise, ExR <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room <b>6:45 Movie Musical, "Cover Girl-Rita Hayworth; Gene Kelly", MR</b></p>
<p><b>21</b> <b>Fresh Popcorn</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>9:30 Sequim Community Church Blended Service -Stream Live, MR</b> <b>1:30 Catholic Communion, Apartment A106</b> 2:15 Skipbo, Mezz 3:00 Rubye on Piano, Mezzanine <b>6:45 Prime, " Spirit Bear", MR</b></p>	<p><b>22</b> 9-3:30 Town Car Transportation 9:30 &amp; 2:30 Chair Exercise, ER 10:30 S.A.I.L. Exercise, MR <b>11:30 Seated Yoga, MR</b> 12:45 Bridge, Mezz 1:00 Hand and Foot, Mezz 1:00 Rummikub, CR <b>2:00 Wii Bowling, MR</b> <b>6:45 Prime-Up &amp; Faith "Sue Thomas F.B. Eye", MR</b></p>	<p><b>23</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>10:30 Democracy and it's Alternatives: The Dictators Playbook., MR</b> <b>11:30 Seated Yoga, MR</b> 1:00 56 Card Game, Mezz 1:00 Texas Hold'em, CR 3:00 Rubye on Piano, Mezz <b>3:00 Craft Corner with Eileen, MR</b></p>	<p><b>24</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR <b>11:30 Joy of Cooking, FDR</b> 12:45 Bridge, CR 1:00 Hand and Foot, Mezz <b>1:30 Dave's Bible Study, CR</b> <b>1-3 Seven Cedars Casino Afternoon, VO</b> <b>2-4 Buck Ellard Band Dance Party, Lobby</b></p>	<p><b>25</b> 9:30 &amp; 2:30 Chair Exercise, ExR 9-4:30 Town Car Transportation 12:45 Bridge, Card Room 1:00 Mexican Train Dominoes, L 3:00 Rubye on Piano, Mezz <b>6:45 Movie Night with Jerry, "Oh, God!" MR</b></p>	<p><b>26</b> 9:30 &amp; 2:30 Chair Exercise, ExR 10:30 S.A.I.L. Exercise, MR 12:30 Bingo, Media Room 1:30 Scrabble, Library :00 Watercolor Class, MR <b>3:30 Lecture Series , MR</b> <b>6:45 Prime: "This is Me... Now, MR</b></p>	<p><b>27 Happy Birthday Jim F!</b> <b>8:30-6:30 Pet Therapy with Tucker</b> 9:30 &amp; 2:30 Chair Exercise, ExR <b>10:30 Seated Yoga, MR</b> 12:45 Bridge, Card Room <b>6:45 Movie Musical, "Jolson Sings Again-Larry Parks", MR</b></p>
<p><b>28</b> <b>Fresh Popcorn</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>9:30 Sequim Community Church Blended Service -Stream Live, MR</b> <b>1:30 Catholic Communion, Apartment A106</b> 2:15 Skipbo, Mezz 3:00 Rubye on Piano, Mezzanine <b>6:45 Prime, "Last Days in the Desert", MR</b></p>	<p><b>29</b> 9-3:30 Town Car Transportation 9:30 &amp; 2:30 Chair Exercise, ER 10:30 S.A.I.L. Exercise, MR 12:45 Bridge, Mezz 1:00 Hand and Foot, Mezz 1:00 Rummikub, CR <b>6:45 Prime-Up &amp; Faith "Sue Thomas F.B. Eye", MR</b> <b>2:00 L.O.D.G.E. Lectures on Prescriptions</b></p>	<p><b>30</b> 9:30 &amp; 2:30 Chair Exercise, ER <b>10:30 Democracy and it's Alternatives: When States Fail What Comes Next? , MR</b> <b>11:30 Seated Yoga, MR</b> 1:00 56 Card Game, Mezz 1:00 Texas Hold'em, CR <b>3:00 Resident Update, ODR</b> <b>3:30-4:15 Choral Belles, Mezz</b> <b>3:30 Acrylic Pouring, MR</b></p>	<p><b>Staff Birthday's:</b> Lori R.- 4/9 Evelyn L. 4/14 April R. 4/28</p>		<p><b>Key:</b> Media Room = MR Card Room= CR Library = L Van Outing = VO Olympic Dining Room = ODR Patio = PA</p>	<p>Courtyard = CY (#) = total # who can participate. <b>Sanitize</b> your hands before beginning a game, please. <b>Discovery Trail Walks</b> : are weather allowing.</p>