



# The Lodge at Sherwood Village

## Daily Specials for July 7, 2024 to July 13, 2024

Call to RSVP 360-460-1000



Please note that there are no preplanned soups on the menu; soups are made fresh daily by our cooks. Allergen designations for daily soup are listed on the main menu in The Lodge lobby.

### *Breakfast*

- SUNDAY** Egg In A Frame (NF/BPF/GF)
- MONDAY** Cinnamon Rolls (NF/SF/BPF)
- TUESDAY** Breakfast Sandwich (NF/SF/BPF)
- WEDNESDAY** Corned Beef Hash (NF/SF/BPF)
- THURSDAY** French Toast (NF/SF/BPF)
- FRIDAY** Pancake/Cream of Wheat (NF/SF/BPF)
- SATURDAY** WAFFLE (NF/SF/BPF)

### *Lunch*

- SUNDAY** Shrimp Louie Salad  
(NF/SF/BPF)
- MONDAY** Chicken Salad (NF/SF/BPF)
- TUESDAY** Rustic Roast Beef (NF/BPF)
- WEDNESDAY** Italian Grinder (NF/SF/BPF)
- THURSDAY** Shrimp & Black Bean Quesadilla  
(NF/BPF)
- FRIDAY** Summer Salad  
(NF/SF/BPF)
- SATURDAY** Cubano Panini (NF/BPF/GF)

### *Dinner*

- SUNDAY** Peach Balsamic Glazed Chicken
- MONDAY** Beef Bolanaise
- TUESDAY** Garlic Ginger Glazed Pork
- WEDNESDAY** Chicken Carbonara  
(NF/SF/GFO)
- THURSDAY** Beef Stroganoff (NF/SF/G/BPF)
- FRIDAY** Fish-N-Chips (NF/BPF)
- SATURDAY** BBQ Chicken

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness\*

NF = Nut Free / BPF = Bell Pepper Free / SF = Seafood Free / DF = Dairy Free / MF = Meat Free / GF= Gluten Free / GFO = Gluten Free

## Weekly Log July 7th - 13th, 2024

### Sunday, July 7th, 2024

**Fresh Popcorn**

9:30 & 2:30 Chair Exercise, ER

**9:30 Sequim Community Church**

**Blended Service -Stream Live, MR**

**3:00 Catholic Communion,**

**Apartment A106**

1:00 Skipbo, Mezz

3:00 Rubye on Piano, Mezzanine

**6:45 Prime, "All Saints" (Drama, Faith), MR**

### Monday, July 8th, 2024

9:30 & 2:30 Chair Exercise, ER

9-3:30 Town Car Transportation

10:30 S.A.I.L. Exercise, MR

**1:00 Bridge, ODR table 13**

1:00 Hand and Foot, Mezz

1:00 Rummikub, CR

**6:45 Prime-Up Faith & Family "Hudson & Rx", MR**

### Tuesday, July 9th, 2024

9:30 & 2:30 Chair Exercise, ER

**10:30 Socialism?, MR**

**11:30 Seated Yoga, MR**

**1:00 Sequim Word Weavers, CR**

1:00 56 Card Game, Mezz

1:00 Texas Hold'em, CR

3:00 Rubye on Piano, Mezz

### Wednesday, July 10th, 2024

9:30 & 2:30 Chair Exercise, ExR

**10:30 Silverdale Shopping Trip, VO**

10:30 S.A.I.L. Exercise, MR

12:45 Bridge, CR

1:00 Hand and Foot, Mezz

### Thursday, July 11th, 2024

9:30 & 2:30 Chair Exercise, ExR

9-4:30 Town Car Transportation

**10:30 Seated Yoga, MR**

12:45 Bridge, Card Room

1:00 Mexican Train Dominoes, L

2:00 Wii Bowling, MR

3:00 Rubye on Piano, Mezz

**6:45 Movie with Jerry "Titanic" (Romance/Drama) MR**

### Friday, July 12th, 2024

9:30 & 2:30 Chair Exercise, ExR

10:30 S.A.I.L. Exercise, MR

12:30 Bingo, Media Room

1:00 Scrabble, Library

**3:30 Lecture Series: "The Rise of Rome, MR**

**6:45 Prime: "Our (Almost Completely True) Love Story", (Comedy/Romance/Drama), MR**

### Saturday, July 13th, 2024

**8:30-4:30 Pet Therapy with Tucker**

9:30 & 2:30 Chair Exercise, ExR

**10:30 Seated Yoga, MR**

12:45 Bridge, Card Room

**6:45 Movie Musical, "The Coal Miners Daughter" MR (Sissy Spacek, Tommy Lee Jones)**